



Athletics Handbook

2017 -2018

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CORE ATHLETIC VALUES

Christ the Redeemer Catholic School (CtRCS) athletic programs reinforce the overall school's purpose to foster academic excellence with a love of God and neighbor that inspires and challenges our children to become leaders who proclaim the Gospel of Jesus Christ in word and action. CtRCS promotes physical wellness as an integral part of the development of the whole Christian person. Student athletes will be challenged socially to work in team environments as well as challenged individually to develop and attain goals. These experiences will provide opportunities to demonstrate and witness good sportsmanship which is integral to good character. Coaches will work to cultivate Skill and Spirit, Character and Comradery, Fortitude and Fun on their teams and within each student athlete.

INTRODUCTION

CtRCS offers a competitive school sports program for our 5th through 8th grade students. For the 2017-2018 school year co-ed soccer and cross country (girls and boys) will be offered in the Fall, basketball (girls and boys) will be offered in the Winter and track and field (girls and boys) will be offered in the Spring. With the success and growth of these programs and the school facilities we are hopeful that additional sports will be added in the near future. Sports programs are dependent on student participation. If there is a lack of interest in a sport, then that sport may not be offered in any given school year. The athletic department is under the jurisdiction of the school administration.

CtRCS is a participating member of the Greater Houston Catholic Athletic Association (GHCAA). On occasion, games will be scheduled against teams that do not participate in this league. CtRCS supports and abides by all rules and regulations, as well as the goals set forth by the GHCAA.

The GHCAA's mission statement is as follows:

The GHCAA is an integral part of the educational mission of the Catholic schools of The Archdiocese of Galveston Houston. The GHCAA is dedicated to fostering human development, within the framework of a Christian environment, encouraging a positive vision in our young men and women through exercise, positive athletic competition, and fully recognizing the dignity of each student in Christ's image.

The GHCAA's list of goals is as follows:

- To build a community which strives to image Christ
- To develop Christian spirit, school spirit, team spirit and personal acceptance
- To instill Christian sportsmanship in the life -styles of the participants
- To teach participants proper attitude towards winning, losing and competing with dignity
- To develop an acceptance and appreciation of others
- To train and instruct in athletic rules
- To develop students' physical abilities and coordination
- To help form well-rounded students by fostering good health habits
- To provide a Christian environment and outlet for youthful energy
- To teach the positive value of athletic participation
- To show the necessity of practice, work and management of time

These goals are founded upon the principle of the infinite worth of each person because he/she is created in the image and likeness of God.

POSITIVE COACHING ALLIANCE



We participate in Positive Coaching Alliance which is a national non-profit program that focuses on developing “Better Athletes, Better People” by working to provide all youth and high school athletes a positive, character-building experience. Our coaches and athletic department members participate in educational seminars and workshops to keep their knowledge as current as possible. As models and mentors, coaches will provide positive reinforcement to teach life lessons through sport. For more information please visit <http://www.positivecoach.org/>

PARENT COMMUNICATION WITH COACHES

CtRCS encourages the communication between coaches and parents. There are many positive results that can occur as a result of these types of meetings. However, there is a proper time and place for this to occur. Immediately before, during, or after a practice or game is not the appropriate time for a meeting unless a prior agreement has been made with the coach. Parents may contact the coach, and set up a time that is convenient for both parties to meet. The focus of such meetings should be on the student’s standing on the team and how he or she can improve to be more successful. The focus should not be on comparisons to other players or another player’s weaknesses. Coaches are not expected to explain or justify team strategy, personnel decisions, or accept coaching advice or suggestions from parents.

VOLUNTEERS

As with most Catholic Schools, we depend heavily on the generosity of the parents. Without the donations of time and money from the parent community, our school mission would not be achieved. This is true in all areas of the school including athletics. Each season we need lots of volunteer support to ensure that everything runs smoothly. Parents should not expect to help coach unless specifically asked by the head coach or administration. However, there are lots of other opportunities to help support the team. Each coach may need support in different areas. This will be addressed at each team specific pre-season parent meeting. Volunteers who have frequent, ongoing, or recurring contact with student athletes are required to complete and maintain VIRTUS© training. For a list of classes available in the Archdiocese of Galveston-Houston, go to:

https://www.virtusonline.org/virtus/reg_list.cfm?theme=0

GENERAL INFORMATION

TEAM SELECTION

Try-outs will be held for each middle school sport and are held for all eligible grade levels. Selection is based on ability, skill level, and effort. In order for a student to become a member of a team, he or she must participate in every aspect of the tryout administered by the coach. All decisions as to team selections are made at the discretion of the coach and are final. All try-outs are closed to parents and the public. Students in 6th and 7th grade will be placed on Varsity or Junior Varsity teams according to the criteria listed above. All students in 7th grade or below may have the opportunity to rotate from JV to Varsity, with all players being guaranteed to get some playing time in their assigned division. Students in 5th grade will be considered developmental athletes. They will typically play at a Junior Varsity or C team level. Playing time will be determined based on many factors including each athlete's skill and the skill level and size of the opposing team among other factors. During tournaments, play-offs and championship games, individual participation is at the coach's discretion meaning that not every team member is guaranteed playing time. Varsity teams will be competitive and all players may not have the opportunity to play in every game.

TEAM MEETING

All coaches will hold pre-season meetings. Attendance of at least one parent is mandatory. This requirement must be met prior to the student being allowed to participate in competition as the philosophy of the school and season guidelines are discussed. Students/Parents will be provided with a copy of the Athletic Handbook, fee requirements, transportation information, uniform details, and practice/game schedules.

SCHEDULES

Sports schedules will be distributed at the pre-season meeting. If the schedule is not available at that time it will be handed out as soon as possible. In addition to the hand out, the schedule will be posted on the school website under Athletics. Changes do occur during the season. It is highly recommended that parents look for team emails or sign-up for the communication tool of choice by sport.

PHYSICAL FORM

Any student who wishes to try out and participate in middle school athletics must have an annual **ARCHGH CSO Physical Form** on file. The Archdiocese of Galveston-Houston requires that this form be on file and updated each year. Any student who does not have an updated physical form on file will not be allowed to participate in practice or games until the physical is completed and the form returned to the Athletic Department.

UNIFORMS

It is important that all uniforms are treated with care as they will be used for future teams. At the end of the season, all issued uniforms or equipment must be returned to the school. The student will be responsible for replacing any lost or damaged uniforms that are the result of abuse. If a uniform is not turned in on time, and in good condition, a fee of \$70 will be charged. That student will not be allowed

GENERAL INFORMATION (cont')

to continue to participate in athletics at CtRCS until the fee has been paid. In addition, report cards will be held until the items are returned or the fee has been paid.

- The school replaces uniforms for the different sports on a rotating basis so that the school only has the expense of one sport's uniforms during any given school year.
- The Athletic Department will distribute team uniforms to participating athletes at school.
- Each coach will go over additional uniform requirements if needed i.e. socks, cleats etc...

Below is a list of the equipment that the school purchases/provides verses the parent's responsibility:

| SPORT | SCHOOL PROVIDES | PARENTS PURCHASE |
|-----------------|------------------------------|--|
| Soccer | Home/Away jerseys and shorts | cleats (any color), shin guards, black soccer socks, water jug |
| Cross-Country | Jersey | black running shorts, running shoes (any color), water jug |
| Basketball | Reversible Jersey and shorts | court shoes (any color), black socks, water jug |
| Track and Field | Jersey | black running shorts, running shoes (any color), optional running spikes (if athlete is a sprinter or jumper) water jug |
| Underclothing | | all compression shorts/leggings, t-shirts and long sleeve shirts must match the uniform color worn (black or white only). All other colors are not acceptable and will not be allowed. |

PICTURES

- Team and individual pictures will be scheduled and dates released as part of the sport schedule. Coaches will be consulted and parents notified.
- Cost for pictures is incurred by the athlete/parent. It is not included in the athletic fee nor is purchase required. What is required is that all athletes are present for team pictures.

FACILITIES

CtRCS will provide the necessary practice areas for all sports for the 2017-2018 school year. During construction of the gym we will take most team practices and home games off campus as a safety precaution. Locations will be communicated to coaches and parents.

PRACTICES AND GAMES

Student athletes are expected to attend all practices, games and meetings called by the coach. If a student misses a practice, game or meeting, the coach must be notified immediately. Students who miss practices, games or meetings will lose playing time in future games. Students may not take care of younger siblings while participating in athletics. Coaches are not responsible for supervising siblings at any time. Siblings should be "in sight" of parents at all times.

GENERAL INFORMATION (cont')

ATHLETE'S PRAYER

Coaches will lead their teams in the following prayer at practices and before all games. Coaches may substitute their own prayer/pledge:

Athlete's Prayer

Father,

Thank you for the abilities you give me to play my sport.

Jesus, be with me as I play that I might do my best.

Holy Spirit, inspire me as I compete.

May I always play fairly and with respect of my opponents.

Whatever the outcome of this game/race/meet, bless me, Father, Son, and Holy Spirit. Amen

Prayer Before Competition

Dear Lord,

Please be with us as we prepare for our game/race/meet.

Help us to do our best and to remember the skills we have practiced.

Help us to work together to achieve our goal, whether we win or lose.

Be with our opponents also. They too have worked hard.

Help us to remember to be good teammates

and competitors and keep us safe as we play. Amen

Christ the Redeemer...Pray for us! St. Sebastian, Patron Saint of Athletes...Pray for us!

PICK-UP

Students must be picked up immediately at the practice/game conclusion with definite plans prearranged. A 5-minute grace period for student athletes will be allowed prior to late fees of \$1.00 per minute being assessed. This procedure adheres to general BASP policy for late pick-ups.

TRANSPORTATION

All student athletes are responsible for providing their own transportation to and from practices and games. Normal pick-up procedures from school will apply. If student athletes wish to carpool to games or practices, arrangements must be made off campus. If a student athlete plans to ride with another parent to/from practice or a game, they must have a signed **Sport Transportation Release Form** on file with the school or a signed and dated note from their parent/guardian to be presented to the coach on the day of the event. Parents picking up children from on or off campus practices or games must come to the Parish Hall or field of play to do so. Coaches should have visual confirmation that a student athlete is being picked up by a parent or other previously approved source of transportation. Student athletes will not be allowed to wait in front of the school or any other place that is not within sight of a coach. Parents need to be on time for designated pick up times from practices or games. The coach may call a parent if the student athlete is not picked up within 5 minutes of the designated pick up time. A coach is not allowed to leave a student athlete unattended. Please be mindful and considerate.

GENERAL INFORMATION (cont')

ATHLETIC EARLY RELEASE

For away games that require an early release, please use the following Athletic Early Release policy:

- Only the Athletic Department can request an early release for a team event. Please look to team communications for details regarding early release.
- Only athletes are eligible for athletic early release.
- Not all athletes participating in a sport will require an early release; only if location is beyond 15 miles from CtRCS and team warm-up begins before 4:30pm.
- Eligible student athletes will receive an 'All Call' for early release at 2:20pm or later.
- Parent/Chaperone picking up student athlete(s) should park in the Walker Door parking lot following the standard school Walker Door procedures.
- Student athletes are dismissed by a PE Teacher through the Walker Door only at 2:45pm.
- Parent/Chaperone must sign athletes out with a PE Teacher.
- Athletes must **check with their teachers** for any assigned work they may miss and that may be due the next school day.
- Siblings are not included in the athletic early release process.
*If siblings are also leaving early, allow time to **check them out at the front desk with Mrs. Janak.** Please send an email to their homeroom teacher to alert them to the early release. Siblings also must be responsible for missed assignments. Once sibling(s) has been released, proceed to the Walker Door to collect your player(s).*

CANCELLATION OF PRACTICES/GAMES

Practices or games are not cancelled until you receive notification from the Athletic Department/IRIS alert/or phone call from your child. Although not always convenient, the league protocol is to try and play the game on the scheduled day. Every effort will be made to notify the parent/guardian as soon as possible.

WEATHER POLICY

HEAT INDEX FOR OUTDOOR SPORT ACTIVITIES (PRIMARILY AUGUST TO MID-OCTOBER)

Outdoor sport activities will not begin if the heat index is above 100 degrees Fahrenheit. Risk of heat exhaustion and heat stroke are considered high until the temperature comes down below the threshold. Practices may be delayed until later in the evening when the heat index drops below 95 degrees Fahrenheit. If over 95 degrees Fahrenheit, mandatory water breaks will be provided every 15 minutes

GENERAL INFORMATION (cont')

for a minimum of 5 minutes. Athletes may use personal ice-down towels for cooling. Coaches will monitor all athletes carefully and postpone activity as deemed necessary.

THUNDER AND LIGHTENING

Prior to the start of home play, the athletic director and/or coaches will review Christ the Redeemer's thunder and lightning policy with the officiating squad and opposing team. At the first sound of thunder or a lightning strike at 6 miles or closer, as determined by a lightning strike detector, the officials (umpires and referees) shall suspend the game and clear the field. All coaches, players, referees and spectators are to withdraw from the field and seek proper shelter. If a building is not available everyone should take shelter in vehicles. Avoid convertibles and cars without metal roofs.

Games will not resume for at least 30 minutes after the last sound of thunder or the last detected lightning strike at 6 miles or closer. After 30 minutes without thunder or lightning an "all clear" signal will be given and games may resume. If thunder is heard or lightning is detected again within that 30-minute time frame all activities will be cancelled for that time frame. Any new activities that follow shall have to repeat this same policy.

ACCIDENT/INJURY PROCEDURES/ImPACT Concussion Screening

This sports program exists to help children in the development of positive life skills and self-concepts. Our goal is to provide safe practice and playing environments for all participants however, there is always a risk of injury when participating in athletics.

For any injury or accident, that requires something other than a cleaning and covering with a bandage, and the parent must seek professional medical assistance, an **Accident Report Form** must be filled out by the Head Coach and given to the Athletic Department and the Principal. This includes any accidents with siblings that may occur. The school is not held responsible for injuries that occur during practices or games. CtRCS provides a limited insurance plan for students participating in athletic activities. However, this is not a primary insurance, and it is the responsibility of the parents to provide additional insurance coverage or to pay expenses incurred due to accidents and injuries.

Parents should have stated on their medical form if the child has a pre-existing medical condition (i.e. allergies, medications, physical impairments, etc.). The coach should read through all registration forms and be aware of all players with medical conditions and keep those forms in their team binder with them at practices and games.

A safe playing environment is essential to provide a high quality recreational sports program. Coaches must inspect the playing area prior to the beginning of any game or practice to look for dangerous materials or hazards. Coaches should report any and all findings or accidents to the athletic department, regardless of the nature.

It is our mission to teach the basic skills which young people need to play sports. CtRCS will not tolerate any abusive behaviors that may jeopardize a child's well-being.

GENERAL INFORMATION (cont')

METHODIST HOSPITAL WILLOWBROOK IMPACT CONCUSSION SCREENING AND PROTOCOLS:

Methodist Hospital Willowbrook provides ImPACT Cognitive Testing as a means to obtain baseline data prior to sustaining a sports related concussion. This is not a requirement here at CtRCS, but we strongly encourage all incoming 7th grade athletes to participate in this program. Athletes must be **12 years old** to participate. The cost is \$5.00 per athlete and the computer test lasts about 30 minutes. The initial test is performed **by appointment only** at:

Methodist Hospital Willowbrook
13802 Centerfield Road
Houston, TX 77070

Go to the building behind the hospital. The testing check-in is located on the second floor.

Please schedule your student athlete prior to the first practice of the season, August 15th. The main appointment desk number is **281-904-7374**. Please indicate that you are with CtRCS.

STATEMENT OF CAUTION

As a condition to participation in team activities, student athletes and their parent/guardian must understand the risks involved. Participation in any athletic activity may involve injury of some type to either yourself or a fellow student athlete. Such injury can include direct physical and possible crippling injury to one's body and the possibility of emotional injury experienced as a result of witnessing or actually inflicting injury to another. The severity of such injury may range from minor to catastrophic injury such as complete paralysis or one's future ability to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life. Activity injuries can result from the incorrect or correct performance of playing techniques used in tryouts, practices, warm-ups, games, drills, exercise and similar undertakings. Injury can also result from failing to follow game, training, safety or other team rules. Injury can result from the use of transportation provided or arranged by the school to and from games and practices. Therefore, the purpose of this caution is to aid you in making an informed decision as to whether you or your child should participate in these activities. In addition, the purpose of this caution is to make you aware about and or inquire of coaches, physicians, advisors, or knowledgeable persons about any concern that you might have at any time regarding the safety of participants.

ELIGIBILITY OF STUDENT ATHLETES

CtRCS mandates that student athletes are students first, then athletes. Athletes must be in full attendance at school and at practice. As a member of the team, the team comes first, then the individual. Participation in athletics is a privilege, not a right. Student athletes must earn the privilege of participating through hard work, dedication, desire, and self-discipline.

Enrollment: Students must attend Christ the Redeemer Catholic School.

Grade Level Requirements: Students in grades 5, 6, 7, and 8 are eligible to participate in athletics. However, certain sports may not be available to all grade levels due to league or school restrictions.

Fifth graders will only be eligible if greater numbers are needed for a particular sport (soccer) and/or may be required to “play-up” in the 6th grade division (cross-country and track and field).

Financial Obligations: Student athletes must be in good standing on all financial obligations to the school: tuition, fees, etc. Student athletes will also be required to pay an athletic fee for each sport in which they participate. Athletic fees are due before each season begins and are non-refundable. The fee for the 2017-2018 school year will be **\$200.00* per student, per sport**. Student athletes who have not turned in their athletic fee will not be issued a uniform until payment is received. If more time is needed for payment, then an alternate payment date must be arranged with the Business Office before that student may participate in games.

***Please contact the principal if there is a financial need.**

Financial constraints should not be a barrier to student participation in athletics at CtRCS.

Attendance: Consistent and productive practice is essential for any athletic team to be successful. All team members are expected to attend all mandatory practices and meetings as well as games. If a student athlete cannot attend an athletic contest, meeting, or practice for any reason, the coach of that sport must be notified prior to the event. Student athletes that miss practices and games without prior notification or without valid reason may lose playing time in future games at the coach’s discretion. Participation in other club or intramural sports is not a valid reason to miss a school sport game or practice. If a student athlete is absent from school, he or she may not participate in athletic events including games or practices on that day. A student athlete must arrive at school by lunch time in order to be eligible to participate in athletics that day. In addition, a student athlete that leaves school early due to illness may not participate in practices or games on the same day

Participation in Physical Education Class: If a student-athlete is unable to participate in physical education class due to sickness/injury, coaches will be notified that the student will not be able to participate in school athletics (practices or games) that afternoon or evening.

The following guidelines will assist students and parents/guardians in recognizing and accepting academic work as a primary responsibility.

To participate in good standing in any school-sponsored extra-curricular activities, a student should strive to maintain at both progress reports and report cards (hereinafter, collectively referred to as “reporting periods”), a minimum grade of **70** or above in all subject areas.

ELIGIBILITY OF STUDENT ATHLETES (cont')

The following would make a student athlete ineligible:

- A student who receives a grade of **69** or below in any one subject shall be deemed ineligible for extra-curricular activities.
 - A student who receives a **U or unsatisfactory** in conduct and effort shall be deemed ineligible for extra-curricular activities.
 - A student who presents a pattern of disruptive behavior or unacceptable behavior at school or during practices/games will meet with the school principal for determination of eligibility status.
1. Should a student become ineligible, he/she will be placed on a two-week probationary period. The probationary period shall begin on the day immediately following the reporting period. During this period, an ineligible student will not be allowed to participate in any practices, games, meets, or other school-sponsored extra-curricular activities. It is expected that the student uses the two weeks to improve the grade(s) that resulted in the ineligibility.
 2. For those students who are deemed ineligible, a review of the subject area grades and/or conduct and effort grades shall be made two weeks after the reporting period (hereinafter referred to as a "grade check"). If the grade(s)/conduct has improved, the student shall be deemed eligible to return to full participation in extra-curricular activities. Eligibility shall be resumed on the day immediately following the grade check. If, however, the student is still ineligible after the grade check, he/she will remain ineligible until the next reporting period. If the student is again deemed ineligible at the next reporting period (thus two consecutive reporting periods), the student will not have the opportunity to regain eligibility via a grade check and will remain ineligible until the next reporting period. Probation/ineligibility is automatically transferred to other activities if a new activity or sport begins during the term of the student's probation/ineligibility.

Note to CtRCS Families

It is our intent to provide guidelines and procedures that meet the best interest of the student athletes and their families. Circumvention of the outlined policies may be possible. The spirit of this handbook is what must be adhered to as interpreted by the administration of CtRCS. We appreciate your support as we continue to develop our athletic programs and the minds, bodies, and spirits of our student athletes in Jesus' name. The principal retains the right to amend the Athletics Handbook at any time.

CODE OF ETHICS FOR ATHLETIC COACHES

The function of a coach is to educate students through participation in competitive sports. The GHCAA program should never interfere with opportunities for academic success. Each student should be treated with the utmost respect by coaches and his or her welfare should be considered in decisions by the coach at all times. CtRCS coaches will:

1. Uphold a high standard of excellence
2. Mentor and model a positive work ethic
3. Teach student athletes to believe in themselves
4. Teach student athletes to trust others
5. Teach student athletes the value of encouragement
6. Teach student athletes how to lose with character and win with dignity
7. Teach student athletes the responsibility of sacrifice for others
8. Teach student athletes to respect authority and rules
9. Teach student athletes the value of unselfishness and teamwork
10. Exemplify the motto of never give up on self and spirit

COACHES ETHICS AGREEMENT

The GHCAAA was created to provide the opportunity for the youth in our community to participate in team sports within a positive Christian environment. It exists for the children. Coaching in this league is a privilege and each coach has the responsibility to uphold the Ethics that the GHCAA has set forth. I hereby pledge to uphold the Ethics of the GHCAA during my tenure as a coach in this league.

- I will place the spiritual, emotional and physical well-being of all children that I encounter above all else, including my own personal desire to win.
- I will lead my team in prayer before each practice and game, and will encourage every child to lead a prayer during the course of the season, if they so desire.
- I will be a positive role model for the children that I coach, leading by example in demonstrating Christian fair play and sportsmanship.
- I will encourage active participation of all players, always remembering the wide range of development and ability within any age group.
- I will be knowledgeable in the rules of the sport that I coach, and I will make every effort to teach these rules to my players
- I will provide a safe and healthy environment for my players. I will do my best to promote self-esteem and the desire to exude strong leadership while teaching the fundamentals of the sport that I coach.
- I will treat all facilities that I attend as I would my own church/school, and will demand the same of my team and their families.

COACHES ETHICS AGREEMENT (cont')

- I will ONLY address officials, opposing team players, parents and coaches in a POSITIVE, RESPECTFUL and ENCOURAGING manner in the spirit of the game.
- I will in no way cause a disruption before, during or after any game that I am coaching. I will walk away from any inappropriate or negative situation, and follow the procedures for dealing with these issues, through the proper channels, with the proper league officials, AFTER I have left the game site.
- I have a plan in place for handling a situation in which my team is winning by a large number of points, and I WILL use my plan.
- I will uphold a drug, alcohol and tobacco-free sports environment for my players, and agree to refrain from the personal use of these substances at all practices and games.

ZERO TOLERANCE POLICY

The GHCAA has adopted a Zero Tolerance Policy for any coach, assistant coach, or spectator who is removed from a game by an official. Any inappropriate conduct on the part of any coach, assistant coach, player, parent, or spectator, before, during, or after any game while on any premise will be subject to the removal/suspension for the remaining season of games. All participants in GHCAA activities are expected to abide by the Coaches and Parents Code of Ethics. Failure to do so may result in suspension from future GHCAA games. I have read and will abide by the above Ethics Agreement, as well as the rules, regulations, guidelines and interpretations of the GHCAA. I have read and understand the GHCAA Zero Tolerance Policy.

Sport _____ Season: Fall Winter Spring
 Coach Signature _____ Date _____
 Print Name _____ Church/School _____ CtRCS _____



Please Circle Sport Season: **Fall** **Winter** **Spring**

PARENTS ETHICS AGREEMENT

- I will at all times during my child’s sports related activities make his or her spiritual, emotional, and physical well-being my number one priority.
- I will lead by example in demonstrating verbal and moral leadership as well as positive sportsmanship to all players, fans, officials, parents and coaches.
- I will ONLY address the officials, opposing team players, parents and coaches in a POSITIVE, RESPECTFUL, and ENCOURAGING manner in the spirit of the game.
- I will stand behind the coach and support his or her decisions at all times. I will not place the coach in a position to have to be concerned with my behavior, rather than the game being played.
- I will in no way disrupt the game that I am attending. I will express concerns regarding any rules or calls to the coach/Athletic Department, only after the game has concluded.
- I will remember that the game is for the children and not for the adults.

In signing this agreement, I acknowledge that I have read, understood, and discussed with my student athlete the information contained in the 2017-2018 CtRCS Athletic Handbook and will abide with the spirit of the document and all procedures and protocols contained within.

Parent/Guardian Signature _____ Date _____
 Print Name _____ Church/School _____ CtRCS _____

STUDENTS ETHICS AGREEMENT

- I will play according to the laws and spirit of the game.
- I will display self-control in all situations and never use foul or abusive language before, during or after a game or practice session.
- I will practice and play to the best of my ability, have a positive attitude and encourage others to do the same.
- I will respect the opposition. Treat them as I would like them to treat me.
- I will respect the referee and never dispute their decisions. They are only human and make mistakes.
- I will arrive for practice and games on time and in appropriate and clean attire.
- I will communicate to my coach if I am unable to attend practice or a game as soon as I have that information. I will not expect my parent or guardian to communicate on my behalf.
- I will respect coaches and follow their direction at practices and games.
- I will communicate directly and immediately to my coach if I am injured in any way.
- I will respect my school, the fans, parents, and school staff as a player and student by following the player code of ethics and school rules.

In signing this agreement, I acknowledge that I have discussed the information contained in the 2017-2018 CtRCS Athletic Handbook with my parent/guardian and will abide with the spirit of the document and all procedures and protocols contained within.

Student Athlete Signature _____ Date _____
 Print Name _____ Church/School _____ CtRCS _____